



International Union
of Phlebology



vWINTER days meeting in Phlebology, Lymphology & Aesthetics

auspices of



PATROCINIO
REGIONE del VENETO



CORTINA D'AMPEZZO – ITALIAN ALPS
JANUARY, 23-25, 2019; CME credits

PRESIDENT

Sergio Giancesini

University of Ferrara – ITALY

HONORARY PRESIDENTS

Oscar Bottini

Universidad de Buenos Aires – ARGENTINA

Yung Wei Chi

University of California Davis – USA



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foundation, ONLUS

www.vwinfoundation.com/vwinter-meeting



EDUCATIONAL OBJECTIVES

Clinical guidelines are statements including recommendations intended to optimize patient care. Being based on systemic reviews, guidelines become outdated as new evidence is published, so requiring a constant reassessment. According to a recent review, 1 out of 5 recommendations are outdated after 3 years (Garcia LM. CMAJ 2014;186: 1211–1219).

Based on this concept, **Venous-lymphatics World International Network Foundation** (vWIN) is organizing international chapter meetings where welcoming different sessions dedicated to different guidelines analysis. Since one of the vWIN aims is the **involvement of younger generations**, the current guidelines will be presented by under 40 yo speakers from all over the world. At the same time, since 1 out of 5 recommendations is outdated after 3 years, 5 so called “**Masters**” per session are involved. Masters are world renown experts who will critically analyse the guidelines, with the hope that at least one of them will identify the 1 out of 5 outdated recommendation.

A document including the sum up of the most renown “masters” brainstorming will be submitted to an indexed journal.

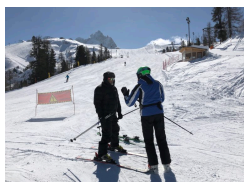
Evidence-based Innovation is another milestone in vWIN foundation vision. For this reason, the sessions are enriched also with the latest scientific data on different topics. Considering the top quality of the faculty, these data will be presented in few minutes, leaving 30 minutes for heated and productive discussion on what’s new on the field.

In **parallel sessions**, hands-on activities, instructions for users and innovations from the world will be run by the most renown experts. Last but not least, considering that **international teamwork** is in the same vWIN foundation origin, sessions dedicated to the best investigations produced by the different international scientific societies will offer the chance for a glance at what the different continents are focusing on. The same networking will be further fostered thanks to flight stipends given as award to the best under 40yo scientific presentations. In conclusion, the vision is to bring the highest science up on the highest Italian Alps, where gliding on the guidelines all together, during scientifically and socially enjoyable **vWINTER days**.

vWINTER days PRELIMINARY PROGRAM
(January 23-25, Cortina d'Ampezzo – ITALIAN ALPS)

TUESDAY, JANUARY 22: a social day to gather together

10.00 – 16.00 WARMING UP.. ON THE TOP OF THE ALPS



Sking and interacting with the World Ski Championship organization and with the population for a pleasant sport and public venous awareness day.
Lunch in a typical “Rifugio” on the top of the Alps.

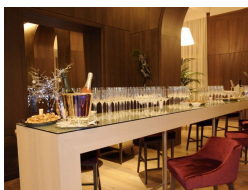
16.00 – 18.00 Let's start off on the right foot



Guided walk in Cortina downtown

15.00 – 18.00 International Union of Phlebology UIP EXECOM REUNION (private session)

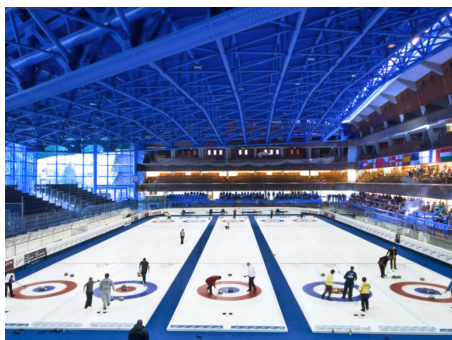
18.00 – 19.30 WELCOMING APERITIF



Welcoming aperitif at the meeting venue Grand hotel Savoia, venous awareness foosball competition, while tasting healthy Italian Oil and Wine.

19.30 – 23.00 HAVE A HEALTHY SLIDE AND BITE at the OLYMPIC STADIUM

“Curling is life” & Ice Skating with two top teachers from Russia



As in life, the successful leader needs life and work partners supporting him/her. The team will see top vein specialists throwing the stone, while friends/family members and junior professionals will swipe the ice for reaching the common target. Activity open to the population for public venous awareness moments

WEDNESDAY, JANUARY 23

08.00 – 12.00 **SNOWshoeing and SNOWstockings competition in the heart of the Alps**



Snowshoeing in the most enchanting Alps landscape, with GCS contest.

12.30 – 13.00 **Welcoming light lunch**

13.00 – 13.25 **Opening the RULES OF THE GAME.. with a healthy bite**

(Gianesini S, Bottini O, Chi YW, Authorities)

13.30 – 13.38 **GLIDING on the GUIDELINES** (Lawrence P)

Moderator: *Lee BB*

13.39 – 13.42 Junior Discussant: Menegatti E

13.42 – 13.45 Senior Discussant: Khilnani N

13.50 – 14.40 **GUIDELINES: institutional instructions for users**

MODERATORS: Lawrence P, Lee BB

13.55 – 14.03 **GUIDELINES**: how to make them trustworthy ! (De Maeseneer M)

14.05 – 14.13 **PICO**: Knowledge Representation for Clinical Questions (Meissner M)

14.15 – 14.23 How to **GRADE**, how to interpret (Lurie F)

14.25 – 14.40 DISCUSSION

14.45 – 16.00 **GUIDELINES IN DIAGNOSTICS**

European Venous Forum Joint session

MASTERS: *Lurie F, Neuhardt D, Urbanek T, De Maeseneer, Heim D*

14.55 – 15.05 Lower limb venous assessment: GUIDELINES (Schul A)

15.07 – 15.12 Evidence-based need of Plethysmography in 2019 (Lattimer C)

15.13 – 15.16 Junior discussant (Ng Yee Jia)

15.16 – 15.19 Senior discussant (Agus G)

15.21 – 15.26 Redefining perforator incompetence (Gianesini S)

15.27 – 15.30 Junior discussant (Chhetri RT)

15.30 – 15.33 Senior discussant (Maurins U)

15.35 – 15.40 Evidence-based need of IVUS in 2019 (Garcia M)

15.41 – 15.44 Junior discussant (Oberto S)

15.44 – 15.47 Senior discussant (Zolotukhin I)

15.47 – 16.07 MASTERS: Critical points of the guidelines & of the session

16.07 – 16.22 Comments from the audience

16.22 - 16.45 **COFFEE BREAK at the EDUCATIONAL CORNERS**

16.50 – 18.08 **SUPERFICIAL ENDOVENOUS DEVICES**

Submitted as American Venous Forum joint session

MASTERS: *Kabnick L, Gibson K, Davies A, Shaydakov E, Wakefield T*

16.55 – 17.05 Endovenous saphenous treatment: GUIDELINES (Borsuk D)

17.07 – 17.12 Thermal Tumescence: recent evidence-based data (Gibson K)

17.13 – 17.16 Junior discussant (Weingartner J)

17.16 – 17.19 Senior discussant (Meissner M)

17.21 – 17.26 Non-Thermal Non-Tumescence: most recent evidence-based data (Urbanek T)

17.27 – 17.30 Junior discussant (Grill M)

17.30 – 17.33 Senior discussant (Lawrence P)

17.33 – 17.53 MASTERS: Critical points of the guidelines & of the session

17.53 – 18.08 Comments from the audience

18.13 – 19.32 **ANTICOAGULATION GUIDELINES and INSTRUCTION FOR USERS**

MASTERS: *Wakefield T, Liew NC, Molteni M, Kalodiki E, Prandoni P*

18.18 -18.28 Anticoagulation for venous patients: GUIDELINES (Obi A)

18.30 – 18.35 Heparin: last evidence (Saviano M)

18.36 – 18.39 Junior discussant (Xi C)

18.39 – 18.42 Senior discussant (Parisi R)

18.44 – 18.49 The effect of Pulmonary Embolism Response Team program in China (Tian H)

18.50 – 18.53 Junior Discussant (Salviato J)

18.53 – 18.56 Senior Discussant (Kontothanassis D)

18.58 – 19.18 MASTERS: Critical points of the guidelines & of the session

19.18 – 19.32 Comments from the audience

19.32 – 20.30 **POSTER SESSION** during the **INTERNATIONAL “TASTE FOR GOOD” APERITIF**:

posters will be displayed according to the national origins. All the nations are invited to bring their own traditional drink for an international toast in front of their posters. A special corner will be dedicated to TROMBINO, the red “vino” for thrombosis awareness, and to CHARBALL (Charity Chardonnay and Foosball), the white wine promoting public health awareness during foosball competitions.



19.30 – 20.30 **“WATCH”**: **CAN YOU OPERATE** during a Trombino & Prosecco Aperitif? Masterclass in watchmaking, while enjoying the poster session and the aperitif

20.30 – 23.00 **TASTE FOR GOOD dinner**

DURING THE DINNER

21.00 – 22.00 **NOT FOR PROFIT & SCIENTIFIC ORGANIZATIONS: feedback & needs**

MODERATORS: Tessari L, Neuhardt D



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21.00 – 21.03 Session Rationale & vWIN (Gianesini S)
 21.05 – 21.10 ACP foundations (Bender D)
 21.12 – 21.17 Arias Clinic foundation (Villaroel L)
 21.19 – 21.24 Lindsay Leg Club (Lindsey E)
 21.26 – 21.31 Mexican Lymipedema Foundation (Aloi I)
 21.33 – 21.39 Indian status & needs (Padaria S)
 21.41 – 21.46 SATHI: a solution also for the developing countries ? (Gogia SB)
 21.46 – 22.00 DISCUSSION

22.00 – 23.00

Hugo & the Thrombiller NATIONAL concert

A special performance from ALL the attendees in which, honoring the tradition taught us by prof. Hugo Partsch. All the colleagues will be divided in different groups according to their nationalities and will be asked to take part in a singing contest around the piano, so letting all the audience “enjoying” typical songs from all around the world. The team with the best singing and dressing performance will receive a special award.

23.00 – **Hugo & the Thrombiller AFTER PARTY at the PIANO**



THURSDAY, JANUARY 24

07.45 – 08.55 UIP EXECOM AT YOUR SERVICE

MODERATORS: Allegra C, Scuderi A, Rabe E, Lee BB

SPEAKERS: UIP Execom & AUDIENCE

All the UIP executive committee will be present to report the ongoing and upcoming projects to the audience. In the second part of the session the same UIP Execom will look forward for international colleagues and societies observations and needs.

09.00 – 10.25 PHLEBOTONICS & WOUND MANAGEMENT

AIUC joint session

MASTERS: Raffetto J, Mosti G, Rabe E, Simkin R, Narayanan S

09.00 – 09.10 Phlebotonics: GUIDELINES (Bissacco D)

09.12 – 09.22 Ulcer bed management: GUIDELINES (Sibilla MG)

09.24 – 09.29 Phlebotonics: latest news on the market (Agus G)

09.30 – 09.33 Junior discussant (Tessari M)

09.33 – 09.36 Senior discussant (Dragic P)

09.38 – 09.43 Wound management: latest news in the office (Ricci E)

09.44 – 09.47 Junior discussant (Davies H)

09.47 – 09.50 Senior discussant (Latorre A)

09.50 – 10.10 MASTERS: Critical points of the guidelines & of the session

10.10 – 10.20 Comments from the audience



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10.20 - 10.50 **COFFEE BREAK**

10.50 - 12.07 **LYMPHATICS**

MASTERS: Rockson S, Lee BB, Latorre A, Corda D, Campisi C

10.55 – 11.05 Lower limb lymphedema management: GUIDELINES (Onida S)

11.07 – 11.14 Lymphatic Surgery: state of the evidence (Campisi C Jr)

11.15 – 11.18 Junior discussant (Sasaki Y)

11.18 – 11.21 Senior discussant (Yamaki T)

11.23 - 11.30 Lymphatic Conservative Management: state of the evidence (Corda D)

11.31 – 11.34 Junior discussant (Visconti G)

11.34 – 11.37 Senior discussant (Aloi I)

11.37 – 11.57 MASTERS: Critical points of the guidelines & of the session

11.57 – 12.07 Comments from the audience (Gogia S)

12.15 – 13.00 **HAVE A HEALTHY LUNCH & MEETING**

Italian Association of Dietology and Clinical Nutrition joint session

12.20 – 12.30 Venous-lymphatics function: hungry for evidence on nutrition (Maghetti A)

12.32 – 12.38 A phlebo-lymphatics drug called food (Cavezzi A)

12.39 – 12.42 Discussant (Urso S)

12.42 – 12.50 Comments from the audience

13.00 – 13.50 **HEALTHY LUNCH**

Dedicated corners of healthy food samples, enjoying the company of nutritionists explaining the meaning of the selected food

13.00 - 13.30 **IVERC round table**

13.55 – 15.00 **SCLEROTHERAPY**

Bassi-Tessari Foundation joint session

MASTERS: Tessari L, Raymond-Martimbeau P, Parsi K, Morrison N, Bradbury A

14.00 – 14.10 Sclerotherapy: GUIDELINES and SAFETY PROFILE (Chunga J)

14.12 – 14.17 Sclerotherapy latest evidence (Bradbury A)

14.17 – 14.20 Junior discussant (Despa O)

14.20 – 14.23 Senior discussant (Whiteley M)

14.24 – 14.44 MASTERS: Critical points of the guidelines & of the session

14.44 – 15.00 Comments from the audience

15.00 – 16.25 **AESTHETICS & COMPLEMENTARY THERAPY**

MASTERS: Schul M, Ferreira J, Crippa A, Tomaselli F, Santiago F

15.05 – 15.15 Aesthetics in Phlebo-lymphology: what are the evidence? (Rosukhovski D)

15.17 – 15.27 Carboxytherapy: fundamentals and results (Bacci A)

15.28 – 15.31 Junior discussant (Gennari S)

15.31 – 15.34 Senior discussant (Zini F)

15.36 – 15.46 Vein visualizers: is there evidence we need them (Gianesini S)

15.47 – 15.50 Junior discussant (Vetrano E)

15.50 – 15.53 Senior discussant (Memprim F)

15.53 – 16.13 MASTERS: Critical points of the guidelines & of the session

16.13 – 16.28 Comments from the audience

16.30 – 17.30 **COFFEE at the EDUCATIONAL CORNERS: win an educational award !**

(reservation is free but required. Write to info@vwinfoundation.com)

Hands on courses will be developed in the dedicated educational corners (maximum 4 attendees per educational corners), while enjoying a nice coffee.

Among all the attendees the winner of an educational award will be identified during a prize draw at the meeting closing.

16.30 – 17.30 **BEST 3 FREE ABSTRACT SESSION**

MODERATORS: Bottini O, Khilnani N, Yamaki T

16.35 – 16.38 Speaker 1

16.39 – 16.42 Question 1 (Lawrence P)

16.42 – 16.45 Question 2 (Lurie F)

16.47 – 16.52 Speaker 2

16.53 – 16.56 Question 1 (Lawrence P)

16.59 – 17.02 Question 2 (Lurie F)

17.04 – 17.09 Speaker 3

17.10 – 17.13 Question 1 (Lawrence P)

17.13 – 17.16 Question 2 (Lurie F)

17.16 – 17.30 DISCUSSION

17.30 – 18.30 **FREE ABSTRACT SESSION**

18.00 First **coach to the gondola**, reservation is required (meeting point: Grand Hotel Savoia)

19.00 Last **coach to the gondola**, reservation is required (meeting point: Grand Hotel Savoia)

19.00 – 23.00 **the HIGHEST EVENT**

19.00 – 20.00 **MEDICAL vs WORLD SKI CHAMPS & VIN BRULÈ COMPETITION**



Ghedina k

Vs.

Meissner M (University of Washington, **USA**)

Lundh T (University of Gotheborg, **SWEDEN**)

Makoto M (University of Yokohama, **JAPAN**)

Davies A (Imperial College of London, **UK**)

Shaydakov E (St Petersburg University, **RUSSIA**)

Gianesini S (Ferrara University, **ITALY**)

Schul M (Lafayette Vein Center, **USA**)

Khilnani N (Cornell University, **USA**)

Bottini O (Universidad de Buenos Aires, **ARGENTINA**)

Aperitif with the typical vin brulè, while enjoying the competition between World ski champ kristian Ghedina and World renown vascular specialists



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foundation, ONLUSInternational Union
of Phlebology20.00 – 23.00 **the HIGHEST DINNER***Dinner on the top of the Alps in a typical “rifugio”, 1000 meters above Cortina***DURING THE DINNER****21.00 – 22.00 MEDICAL INDUSTRY & SCIENTIFIC SOCIETIES: let's talk...during dinner!**MODERATORS TABLE: Simkin R, Rosenblatt M,
Riccardini F, Dempsey B, Lightfoot J21.05 – 21.10 Rationale of the Session: mistake is
how we call our experience (Gianesini S)21.12 – 21.17 Pitfalls & precious memories
(Morrison N)21.19 – 21.24 What I saw, what I see, what I hope
we will see (Scuderi A)

21.26 – 21.31 What I saw, what I see, what I hope we will see (Meyer U)

21.33 – 21.38 Issues in scientific societies and industry communication (Moseley B)

21.40 – 21.50 DISCUSSION from the ..other tables.

FRIDAY, JANUARY 25**07.30 - 9.00 STRONGER TOGETHER MADE IN ITALY EVIDENCE:** award for the best scientific work

MODERATORS: Bottini O, Canata V, Kim DI, Parsi K, Tessari L

07.31 – 07.47 The best Italian future, the BIG vision (Genovese G, Bisacci R, Ebner H)

07.48 – 07.53 CIF delegate (Maleti O)

07.53 – 07.56 DISCUSSANT (Tessari L)

07.57 – 08.02 SIF president (Quarto G)

08.02 – 08.05 Discussant (Kim Di)

08.06 – 08.11 SIFCS delegate (Danese M)

08.11 – 08.14 Discussant (Canata V)

08.15 – 08.20 AFI delegate (Guarnaccia M)

08.20 – 08.23 Discussant (Kim DI)

08.24 – 08.29 SIFL delegate (Pagano M)

08.29 – 08.32 Discussant (Parsi K)

08.33– 08.38 SIDV delegate (Aluigi L)

08.38 – 08.41 Discussant (Gianesini S)

08.42 – 08.47 AF delegate (Gasbarro V)

08.47 – 08.50 Discussant (Bottini O)

08.51 – 08.56 Phlebology & Insurance: legal & practical aspects (Bassi D)

08.56 – 08.59 Discussant (Tondi P)



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09.01 – 10.30 **MADE IN THE WORLD:** award for the best scientific work

MODERATORS: Bradbury A, Meissner M, Morrison N, Patel M, Thibault P

09.05 – 09.10 American College of Phlebology (Khilnani N)

09.10 – 09.13 Discussant (Bradbury A)

09.14 – 09.19 American Venous Forum (Lurie F)

09.19 – 09.22 Discussant (Patel M)

09.23 – 09.28 Forum Venoso Latino Americano (Simkin C)

09.28 – 09.31 Discussant (Morrison N)

09.32 – 09.37 European Venous Forum (Mansilha A)

09.37 – 09.40 Discussant (Meissner M)

09.41 – 09.46 Japanese Society of Phlebology (Mo M)

09.46 – 09.49 Discussant (Thibault P)

09.50 – 09.55 Chinese Society of Phlebology (Wang J)

09.55 – 09.58 Discussant (Gianesini S)

09.59 – 10.04 International Union of Angiology (Gu YQ)

10.04 – 10.09 Discussant (Tessari L)

10.10 – 10.15 Panamerican society (Intriago E)

10.15 – 10.18 Discussant (Kabnick L)

10.18 – 10.30 FINAL CONSIDERATIONS

10.30 – 10.55 **COFFEE at the EDUCATIONAL CORNERS during the HANDS-ON**

11.00 – 12.35 **DEEP & LARGE VEINS MANAGEMENT**

MASTERS: Meissner M, Jindal R, Zamboni P, Chiesa R, Wittens C

11.05 – 11.15 Deep Chronic Venous Disease management: GUIDELINES (van Rijn M)

11.16 – 11.26 Deep Acute Venous Disease management: GUIDELINES (Baccellieri D)

11.47 – 11.57 Mechano-chemical thrombolysis: new evidence (Wittens C)

11.59 – 12.02 Junior discussant (Sumaj M)

12.02 - 12.05 Senior discussant (Belczack S)

12.05 -12.25 MASTERS: Critical points of the guidelines & of the session

12.25 -12.35 Comments from the audience (Gibson K)

12.35 - 13.30 **LUNCH –Educational Committee brainstorming**

13.30 – 15.30 **FORUM VENOSO LATINO-AMERICANO, PANAMERICAN, CENTRAL AMERICA,
FORUM VENOSO MEXICANO SESSION JOINT SESSION**

15.30 – 16.30 **COFFEE at the EDUCATIONAL CORNERS during the HANDS-ON**

16.00 – 17.00 **COMPRESSION**

ICC Joint session

MASTERS: Mosti G, Partsch H, Wittens C, Marston W, Lurie F

16.05 – 16.15 Graduated Compression Stockings: GUIDELINES (Menegatti E)

16.07 – 16.17 Bandaging & Intermittent Compression GUIDELINES (Intriago E Jr)



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- 16.19 – 16.25 Compression news: from the bench to the clinic (Diaz J)
- 16.26 – 16.29 Junior discussant (Palmiste V)
- 16.29 - 16.32 Senior discussant (Obermayer A)
- 16.32 – 16.52 MASTERS: Critical points of the guidelines & of the session
- 16.52 - 17.02 Comments from the audience (Gogia S)

17.10 – 18.00 PELVIC VENOUS DISORDERS

American College of Phlebology joint session

MASTERS: Meissner M, Khilnani N, Urbanek T, Whiteley M, Lazarashvili Z

- 17.12 – 17.17 Consensus panel recommendations for future research (Khilnani N)
- 17.19 – 17.29 Discriminative Instrument developed by an International Panel:
“Mark (& Mel)” the final agreement (Meissner M)
- 17.29 – 17.35 Alternative classifications (Antignani PL)
- 17.36 – 17.51 The comments of the experts (Monedero J, Garcia M, Annoni F, Gibson K)
- 17.51 – 18.00 MASTERS and audience discussion

18.00 – 18.45 INSTITUTIONS, INDUSTRIES, ROTARY & WORLD SKI CUP against the LEADING CAUSE OF PREVENTABLE DEATH

MODERATORS: Benetton A, Corazzari C, Avezzù M, Ghiringhelli Flavio, Ghedina K

- 18.05 – 18.10 Rationale of the Session (Gianesini S)
- 18.12 – 18.19 The institutional vision (Zaia L)
(Zaia L, VENETO REGION PRESIDENT)
- 18.21 – 18.26 International Sport Events potential in public health
(Broccolo A, WORLD SKI CHAMPIONSHIP COMMUNICATION HEAD)
- 18.28 – 18.33 Connecting the world.. for the common GOOD
(Ghiringhelli F, EMIRATES AIRLINE ITALIAN COUNTRY MANAGER)
- 18.35 – 18.40 Rotary: BE THE INSPIRATION ..and let's be inspired
(De Paola R, ROTARY DISTRICT 2060 GOVERNOR)
- 18.42 – 18.47 Cortina: the queen (not just) of the Dolomites
(Ghedina GP, Cortina MAYOR)
- 18.47 – 18.52 University of Ferrara in the third mission
(Zauli G, University of Ferrara DEAN)
- 18.52 – 19.05 DISCUSSION

19.05 – 19.20 AWARDS

- 19.20 – 19.30 **From Cortina to Cracow, all the way to Istanbul: see you at the UIP meeting**
(Urbanek T, Bozkurt K)

19.30 – 19.45 CLOSING ..with a prosecco

20.00 - XX:XX PARTY TIME

SATURDAY, JANUARY 26
Public Health Awareness day

08.00 – 13.00 **UIP EXECUTIVE COMMITTEE REUNION (private session)**

08.30 – 11.00 **Have a HEALTHY RIDE project:**

Orthopaedics and Phlebology automotive health project

MODERATORS:

Gianesini S (Ferrara University), Pegreffi F (Bologna University), Vercellone C (Avenue Media)

09.00 – 09.08. **The HEALTHY RIDE project rationale**

(Pegreffi F, Gianesini S)

09.10 – 09.18 **The importance of a car providing a HEALTHY comfort**

Carlo Bottari – Bologna University

Angelo Sticchi Damiani – Presidente Automobil Club d'Italia



09.20 – 09.28 **“Car-Body Phenomenon”: the car as a unit incorporating the human body**

Giuseppe Neri – Neurologist & Psychiatrist, P.

President Hospital Neurologists Society

09.30 – 09.38 **Musculo-skeletal functional overload**

Francesco Pegreffi, Orthopaedics, Bologna University

09.40 – 09.48 **Lumbar & cervical spine in the sitting position**

Giuseppe Monetti, D-Lab director

09.50 – 09.58 **Lower limb venous & lymphatics return in the sitting position**

Sergio Gianesini, venous-lymphatics World International Network foundation president

10.00 – 10.08 **Echo projects: catching a breath for Public Respiratory Health**

Marco Contoli, Pneumologist, Ferrara University

10.10 – 10.18 **Car insurance vs Health insurance: two faces of the same medal?**

Giorgio Meszely, H3 Srl

10.20 – 10.28 **AUDI automotive 2029: where are we “driving” to ?**

Audi Delegate

10.30 – 10.36 **Motorcycling under (right) compression project** (Lindsey E, Gianesini S, Verzotto D)

10.36 – 10.55 **Evidence Based Case Presentation & Discussion**

DISCUSSANT: Nino Cartabellotta, GIMBE foundation president

11.00 – 12.30 FORST: THE SCIENCE BEHIND THE SPA & THE AQUATIC ENVIRONMENT



MODERATORS: Vitale M, Capitani S, Lurie F

11.05 – 11.10 Rationale of the session (Menegatti E)

11.40 – 11.47 The standardized aquatic protocol for phlebo-lymphedema (Menegatti E)

11.49 – 11.56 “Diving” into aquatic neurovascular scientific collaborations (Masiero S)

11.58 – 12.05 Water and Artery: evidence based data (Quarto G)

12.07 – 12.14 FORST: vision & mission (Vitale M)

12.16 – 12.30 DISCUSSION

12.30 – 16.00 AUDI CAR DRIFTING ON ICE SCHOOL and PUBLIC HEALTH AWARENESS

MODERATORS: Pegreff F, Vercellone C



1) SCIENTIFIC PART

Assessment of:

- a. driver static sitting
- b. lower limb drainage with low and high car settings
- c. body assessment while driving on an icy track

2) AMUSING PART

Car drifting school & competition on ice

11.30 – 14.00



“TASTE for GOOD” ITALIAN COOKING SCHOOL

Learn how to cook with and like the Italian chefs !

Together with the best Cortina chefs, a pleasant and instructive hands on course and taste of Italian cooking

15.00 – 16.30 FAKE NEWS IN NUTRITION: ROUND (HEALTHY) TABLE, open to the population



Open discussion among top experts of the Italian Association of Dietology and Clinical Nutrition and the population. Free access (reservation is required: info@vwinfoundation.com)



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of Phlebology**ROOM B****vWINTER days PRELIMINARY PROGRAM****(January 23-25, Cortina d'Ampezzo – ITALIAN ALPS)****ROOM B****vWINTER days PRELIMINARY PROGRAM****(January 23-25, Cortina d'Ampezzo – ITALIAN ALPS)****WEDNESDAY, JANUARY 23****10.45 – 12.30 PHLEBOLOGY & ORTHOPAEDICS PRE-CONGRESS SESSION**

MODERATORS: Piccioli A, Da Rin F, Griso A

10.45 – 10.47 Opening (Gianesini S)

10.47 – 10.55 Current guidelines in graduated and intermittent compression (Gianesini S)

10.55 – 10.58 DISCUSSANT (Ghiro S)

10.59 – 11.07 Compression in lymphedema: state of the art (Corda D)

11.07 – 11.10 DISCUSSANT (Mirandola M)

11.11 – 11.19 Post-operative graduated compression stockings (Manzi A)

11.19 – 11.22 DISCUSSANT (Nardi A)

11.23 – 11.31 Compression in orthopaedics: rationale (Pegreff F)

11.31 – 11.34 DISCUSSANT (Cavallini A)

11.35 – 11.43 Multi-disciplinary integrated wound-care management (Tasinato R)

11.43 – 11.46 DISCUSSANT (Benin P)

11.47 – 11.55 Present and future of customized foot soles (Forti F)

11.55 – 11.58 DISCUSSANT (Cavallini A)



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- 11.59 – 12.07 Compression for arterial disease (TBD)
- 12.07 – 12.10 DISCUSSANT (Ukovich L)
- 12.10 – 12.25 COMMENTS from Orthopaedics, Physiatrists & Phlebologists

14.00 – 15.00 **GRADUATED COMPRESSION IN ORTHOPAEDICS & OBGYN**

Italian Society of Orthopaedics and Trauma joint session / Italian Society of hands surgery

CHAIR: Da Rin F.

MODERATORS: Basetto F, Falez F, Osti L, Caggiati A

- 14.05 – 14.12 Lower limb orthopaedics post-op compression: current practice (Da Rin E)
- 14.12 – 14.15 DISCUSSANT (Pegreff F)
- 14.16 – 14.23 Leg trauma, oedema and rehab: from pathophysiology to clinic (Corda D)
- 14.23 – 14.26 DISCUSSANT (Masiero S)
- 14.27 – 14.34 Graduated compression in OBGyn patients (Kaczorowska A)
- 14.34 – 14.37 DISCUSSANT (Morrison T)
- 14.39 – 14.46 VETHRO APP project: new in thrombotic risk management (Zamboni P)
- 14.46 – 14.49 DISCUSSANT (Saviano M)
- 14.49 – 15.00 DISCUSSION

15.00 – 16.30 **COMPRESSION SCHOOL FOR ALLIED HEALTH PROFESSIONALS**

(General practitioners, Orthopaedics, OBGyn, Physiatrists, Physiotherapists, Nurses)

MODERATORS: Mosti G, Da Rin F, Capitani S, Vitale M

- 15.05 – 15.10 Opening (Mosti G, Chi YW)
- 15.12 – 15.20 Compression in everyday practice: instructions for users (Mosti G)
- 15.21 – 15.24 DISCUSSANT (Masiero S, physiatrist, Padova Univ.)
- 15.26 – 15.34 Compression for edema: instructions for users (Brouwer E)
- 15.36 – 15.39 DISCUSSANT (Kaczorowska A)
- 15.41 – 15.49 Adjustable Velcro: evidence-based news (Rengifo T)
- 15.50 – 15.53 DISCUSSANT (Wang J)
- 15.55 – 16.03 Adjustable Velcro: instructions for users (Shingale F)
- 16.03 – 16.06 DISCUSSANT (Morrison T)
- 16.06 – 16.12 Sport & Stockings: evidence-based news (Menegatti E)
- 16.13 – 16.16 DISCUSSANT (Rodriguez J)
- 16.17 – 16.30 DISCUSSION

16.30 - 16.45 **COFFEE BREAK at the EDUCATIONAL CORNERS**

16.55 – 17.55 **PRESSCISE INNOVATIONS IN COMPRESSION SESSION**

MODERATORS: Mosti G, Whiteley M

- 16.58 – 17.05 PRESScise 2018/2019 NEWS (Nillson A)
- 17.05 – 17.08 DISCUSSANT (Mo M)
- 17.10 – 17.17 The mathematical models behind our proposals (Lundh T)
- 17.17 – 17.20 DISCUSSANT (Wittens C)
- 17.22 – 17.29 PRESScise from the future (Damm J)
- 17.31 – 17.38 DISCUSSANT (Yamaki T)
- 17.40 – 17.47 New data on film bandaging (Ragg JC)
- 17.47 – 17.50 DISCUSSANT (Lattimer C)



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17.50 – 18.00 DISCUSSION

18.00 – 19.30 INNOVATION IN PHLEBO-LYMPHOLOGY - Venartis joint session

MODERATORS: Ragg C, Whiteley M

18.05 – 18.12 What's new about vein gluing? (TBD)

18.14 – 18.21 Hyaluronan in phlebology (Stoyanova k)

18.23 – 18.30 Innovatons in textile compression therapy (Nilsson A)

18.32 – 18.39 News on artificioal vein valve: chances & limits (Lane T)

18.41 – 18.48 Update on international reimbursement: where should we go? (Pannier F)

18.50 – 18.57 Telemetric vein diagnostics (Chi YW)

18.59 – 19.06 From late stage surgery to prevention - trends for phlebology future (Ragg C)

19.08 – 19.15 Venartis 2018 innovation award winner

19.15 – 19.30 DISCUSSION

THURSDAY, JANUARY 24

08.30 – 10.30 FAKE NEWS IN NUTRITION

Italian Association of Dietology & Clinical Nutrition A.D.I. joint session

Food intolerance: where is the truth?

Caretto A.

(Italian Association of Dietology, president;

Endocrinology and Clinical Nutrition Unit, Perrino Hospital, Brindisi, Head)

Fasting: is it a therapeutic option?

Lucchin L.

(Italian Association of Dietology, past-president;

Dietology and Clinical Nutrition Unit, Alto Adige Health Centers, Bolzano, Head)

Superskinny = superhealthy ?

Maghetti A.

(Italian Association of Dietology, Emilia Romagna section, past-president;

Dietology and Clinical Nutrition Service, Terme Punta Marina, Ravenna)

Winter sport: what should we eat?

Raimondi S.

(Italian Association of Dietology, Emilia Romagna section, board member;

Sport Medicine Unit, AUSL Romagna, Rimini-Forlì)

NO Fake diets

D'Ignazio E.

(Italian Association of Dietology, Emilia Romagna section, board member;

Severe Obesity Service, Villa Igea, Forlì)

Ketogenic Diet: does it work for losing weight?

Zoni L.

(Italian Association of Dietology, Emilia Romagna section, past-president;

Dietology and Clinical Nutrition Unit, AUSL Bologna, head)

10.30 - 10.50 **COFFEE BREAK**



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MODERATORS: Borsuk D, Gambaccini M, Zamboni P, Cappelli M, Mendoza E

10.50 – 10.55 Opening (Borsuk D, Giancesini S)

10.56 – 11.03 Hemodynamics: what we don't know we don't know (Lurie F)

11.04 – 11.07 DISCUSSANT (Taibi A)

11.09 – 11.16 Venous: a complicated story (Tauraginskii R)

11.16 – 11.19 DISCUSSANT (Gadda F)

11.21 – 11.27 Mathematical modeling of blood flow in vascular surgery (Simakov S)

11.28 – 11.31 DISCUSSANT (Lundh T)

11.31 – 11.40 DISCUSSION from the floor (Lattimer C, Whiteley M, Ragg JC, Kalodiki E)

11.45 – 13.25 EUROPE - NORTH AFRICA – NEAR EAST REUNION*Joint session: International Union of Angiology Afro-chapter - Egyptian Venous Forum – Egypt Vascular Society*

MODERATORS: Tessari L, Taha W, Lazarashvili Z, Mendoza E, Bozkurt K

11.50 – 11.56 Tradition & innovation in Egyptian Phlebology (Hussein H, EGYPT)

11.58 – 12.04 CVI in Algeria: Preliminary results (Boucelma M, ALGERY)

12.06 – 12.12 State of the Art & needs in Algerian Phlebology (Azzam M, ALGERY)

12.14– 12.20 Contrast media in sclerotherapy (Altarazi L, SYRIA)

12.22 – 12.28 Three hot topics in Scandinavian Phlebology (Lundell A, SWEDEN)

12.30 – 12.36 International projects for

UIP 2019 Cracow meeting: a call to action (Urbanek T, POLAND)

12.38 – 12.44 Egyptian CVD management: a gaze to the future (Taha W, EGYPT)

12.38 – 12.44 Venography: indications and potentials (Allam K, EGYPT)

12.46 – 12.52 The “periulcer sclerotherapy” strategy (AlHusseini A, EGYPT)

12.54 – 13.00 EVLA histo-pathology (Soliman M, EGYPT)

13.02 – 13.10 Instructions for users in deep venous procedures (Gawish A, EGYPT)

13.10 – 13.25 DISCUSSION

13.30 – 13.50 HEALTHY LUNCH**13.45 – 14.30 vWIN Engagement Committee – IUA young committee**

MODERATORS: Borsuk D, Raj Pandey S.

13.45 – 13.47 Rationale of the session (Giancesini S, ITALY)

13.49 – 13.52 iPPT outcomes (Borsuk D, RUSSIA)

13.54 – 13.57 PHLEB-ortho project (Menegatti E, ITALY)

13.59 – 14.02 vWIN v-HELP project (Chantal A, PARAGUAY)

14.04 – 14.11 Embolization for PCS: institutional experience (Virendersingh KS, INDIA)

14.13 – 14.21 QoL after EVLA in Bangladesh (Ghosh S, BANGLADESH)

14.23 – 14.30 Phlebology 2025 (Lam YL, NETHERLANDS)

14.30 – 14.40 DISCUSSION

14.45 – 16.00 FREE SESSION



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Hands on courses will be developed in the dedicated educational corners (maximum 4 attendees per educational corners), while enjoying a nice coffee.

Among all the attendees the winner of an educational award will be identified during a prize draw at the meeting closing.

16.15 – 17.30 next stop, UIP CHAPTER & WORLD MEETING**Polish & Turkish society of Phlebology joint session**

MODERATORS: Urbanek T, Bozkurt K

16.18 – 16.20 Rationale of the session (Gianesini S)

16.22 – 16.29 Polish talk 1

16.30 – 16.33 DISCUSSANT

16.35 – 16.42 Polish talk 2

16.42 – 16.45 DISCUSSANT

16.47 – 16.54 Turkish talk 1

16.54 – 16.57 DISCUSSANT

16.59 – 17.06 Turkish talk 2

17.06 – 17.09 DISCUSSANT

17.09 – 17.30 DISCUSSION

FRIDAY, JANUARY 25**7.45.00 – 09.00 ASIAN VENOUS FORUM – VAICON JOINT SESSION**

MODERATORS: Liew NC, Jindal R, Bottini O

07.50 – 07.57 Comparison of Recanalization on Great Saphena Vein after Ablation by
Mechanochemical and Endovenous Laser (Patram D, INDONESIA)

07.59 – 08.06 (Pung LY, MALASYA)

08.08 – 08.15 (Mutirangura P, THAILAND)

08.17 – 08.24 (Patel M, INDIA)

08.26 – 08.33 (Varghese R, INDIA)

08.33 – 08.50 DISCUSSION

09.00 – 10.30 CARBOXYTHERAPY COURSE

09.05 – 09.15 Carboxytherapy: rationale and instructions for users

09.17 – 09.27 CO2 translational physiopathology

09.29 – 09.39 Benefits of carboxytherapy in phlebo-lymphology

09.41 – 09.51 Carboxytherapy indications and contraindications

09.53 – 10.03 Clinical cases

10.05 – 10.20 Expert Discussants:

Tommaselli F, Palmeri E, Pavei P, Vettorello G, Pagano M

Cavallini A, Urso S, Campana F, Zini F, Avruscio GP, Cavezzi A,

Kontothanassis D

10.20 – 10.30 DISCUSSION



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10.30 – 10.55 **COFFEE BREAK**

11.00 – 12.30 **ICC - INTERMITTENT PNEUMATIC COMPRESSION WORKING GROUP**

MODERATORS: Kloppels M, Mosti G

11.05 - 11.15 IPC Working Group: current state (Kloppel M)

11.16 - 11.20 Discussant (Mosti G)

11.22 - 11.30 IPC instructions for users (Olszewski W)

11.31 - 11.34 Discussant (Partsch H)

11.34 - 12.30 ICC IPC working group ROUND TABLE

(IPC evidence based news, literature missing points, research needs)

12.35 - 13.30 **LUNCH**

13.30 – 15.00 **COLLEGE OF PHLEBOLOGY SESSION**

Phlebology topics from around the world - Fast fire presentations from phlebology experts

15.00 – 16.00 **ENDOVENOUS & AESTHETICS LASER WORKSHOP**

MODERATORS: Wang J, Narayanan S, Ferreira J, Santiago F, Whiteley M

14.50 – 14.58 Endovenous evolution and future directions (Zini F)

14.59 – 15.02 DISCUSSANT (Gu YQ)

15.04 – 15.12 Transdermal laser for wound-care (Tessari L)

15.13 – 15.16 DISCUSSANT (Latorre A)

15.18 – 15.26 Switched transdermal laser: evidence-based news (Crippa A)

15.27 – 15.30 DISCUSSANT (Sharipov A)

15.32 – 15.40 Aesthetic laser setting and Clinical cases (Crippa A)

15.42 – 15.45 DISCUSSANT (Rosukhovskii D)

15.45 – 16.00 DISCUSSION

16.00 – 18.00 **ROTARY potentials for INTERNATIONAL PUBLIC HEALTH**

MODERATORS: Taha W, Tessari L, De Paola R, Hussein H, Cerini E

16.05 – 16.10 Rationale of the session: Salvador P, Giancesini S

16.12 – 16.20 Buenos Aires Rotary Club (Iermoli R)

16.22 – 16.30 Sao Paulo Rotary Club (Carvahlo C, Aguiar E)

16.32 – 16.40 Paraguay Assuncion Rotary Club (Chantal A, Petrovic M)

16.42 – 16.50 Rovigo Rotary Club (Avezzù M)

16.52 – 17.00 Peschiera Rotary Club (Pasquetti C)

17.12 – 17.20 Cairo Rotary Club (Allam K)

17.20 – 18.00 DISCUSSION

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CME for: Vascular specialists, General Practitioners, OBGyn, Nurses, Sport Medicine, Rehab Medicine, Orthopaedics, Nutritionists, Cardiologists, Radiologists

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